

IdealCare Bronze Free 24/7 Doctor by Phone / \$25 PCP / \$10 Generic Rx

Medical-Surgical and Behavioral Health/Substance Abuse Disorder Schedule of Coverage

The following information summarizes the benefits described in your Evidence of Coverage. It is important that you carefully read it so you are aware of plan requirements, provisions and limitations and exclusions.

This Schedule of Coverage is not a Medicare Supplement. If you are eligible for Medicare, review the Guide to Health Insurance for People with Medicare available from the company.

Note: This Consumer Choice Health Benefit Plan does not include all state mandated health insurance benefits. Some benefits are provided at a reduced level from what is mandated. Reduced benefits are indicated in the chart below and in the separate Benefit Disclosure Form.

Overall Payment Provisions	In-Network Benefits	Out-of-Network Benefits	Indian Health Care Provider (IHCP) (You will pay the least)
Calendar Year Deductibles (applies to all Eligible Expenses including Pharmacy)	\$[0 – 8,150] Individual/\$[0 - 16,300] Family (Out-of-Network Services are Excluded unless they are approved by the Plan or are Emergency Services)		\$0 Individual/\$0 Family
Out-of-Pocket Limits (applies to all Eligible Expenses including Pharmacy)	\$[0 – 8,150] Individual/\$[0 - 16,300] Family (Out-of-Network Services are Excluded unless they are approved by the Plan or are Emergency Services)		\$0 Individual/\$0 Family
Maximum Lifetime Benefits – per participant	Unlimited (Out-of-Network Services are Excluded unless they are approved by the Plan or are Emergency Services)		
Physician office visit/consultation to treat an injury or illness	100% of Allowed Amount after a \$[0-25] Copayment per Visit.	No coverage for Out-of-Network Services	100% of Allowed Amount
Preventive Care/Screening/Immunization	100% of Allowed Amount	No coverage for Out-of-Network Services	100% of Allowed Amount
Specialist office visit/consultation	100% of Allowable Amount after Calendar Year Deductible per Visit <i>*Zero Cost Sharing Plan No Charge</i>	No coverage for Out-of-Network Services	100% of Allowed Amount
Other practitioner office visits	100% of Allowed Amount after a \$[0-25] Copayment per Visit	No coverage for Out-of-Network Services	100% of Allowed Amount
Urgent Care Center visit	100% of Allowable Amount after Calendar Year Deductible per Visit <i>*Zero Cost Sharing Plan No Charge</i>	No coverage for Out-of-Network Services	100% of Allowed Amount
Outpatient Hospital emergency room/treatment room visit	100% of Allowable Amount after Calendar Year Deductible per Visit	100% of Allowable Amount after	100% of Allowed Amount

	<i>*Zero Cost Sharing Plan No Charge</i>	Calendar Year Deductible per Visit <i>*Zero Cost Sharing Plan No Charge</i>	
Emergency Medical Transportation	100% of Allowable Amount after Calendar Year Deductible per Transport <i>*Zero Cost Sharing Plan No Charge</i>	100% of Allowable Amount after Calendar Year Deductible per Transport <i>*Zero Cost Sharing Plan No Charge</i>	100% of Allowed Amount
Inpatient Hospital Expenses – All usual Hospital services and supplies, including semiprivate room, intensive care, and coronary care units.	100% of Allowable Amount after Calendar Year Deductible per Stay <i>*Zero Cost Sharing Plan No Charge</i>	No coverage for Out-of-Network Services	100% of Allowed Amount
Inpatient Visits (Physician/surgeon)	100% of Allowable Amount after Calendar Year Deductible per Stay <i>*Zero Cost Sharing Plan No Charge</i>	No coverage for Out-of-Network Services	100% of Allowed Amount
Diagnostic testing (X-ray, blood work)	100% of Allowable Amount after Calendar Year Deductible per Visit <i>*Zero Cost Sharing Plan No Charge</i>	No coverage for Out-of-Network Services	100% of Allowed Amount
The administration of whole blood including cost of blood, blood plasma, and blood plasma expanders are covered services	100% of Allowable Amount after Calendar Year Deductible per Visit <i>*Zero Cost Sharing Plan No Charge</i>	No coverage for Out-of-Network Services	100% of Allowed Amount
Imaging (CT/PET scans, MRIs)	100% of Allowable Amount after Calendar Year Deductible per Visit <i>*Zero Cost Sharing Plan No Charge</i>	No coverage for Out-of-Network Services	100% of Allowed Amount
Laboratory Outpatient and Professional Services	100% of Allowable Amount after Year Deductible per Visit <i>*Zero Cost Sharing Plan No Charge</i>	No coverage for Out-of-Network Services	100% of Allowed Amount
Home Infusion Therapy	100% of Allowable Amount after Calendar Year Deductible <i>*Zero Cost Sharing Plan No Charge</i>	No coverage for Out-of-Network Services	100% of Allowed Amount

Outpatient Surgery Facility fee (ambulatory surgery center)	100% of Allowable Amount after Calendar Year Deductible *Zero Cost Sharing Plan No Charge	No coverage for Out-of-Network Services	100% of Allowed Amount
Physician surgical services performed in an outpatient setting	100% of Allowable Amount after Calendar Year Deductible *Zero Cost Sharing Plan No Charge	No coverage for Out-of-Network Services	100% of Allowed Amount
Skilled Nursing Facility Limited to 25 visits per year	100% of Allowable Amount after Calendar Year Deductible per Stay*Zero Cost Sharing Plan No Charge	No coverage for Out-of-Network Services	100% of Allowed Amount
Home Health Care Limited to 60 visits per year.	100% of Allowable Amount	No coverage for Out-of-Network Services	100% of Allowed Amount
Hospice	100% of Allowable Amount after Calendar Year Deductible per Visit *Zero Cost Sharing Plan No Charge	No coverage for Out-of-Network Services	100% of Allowed Amount
Mental Health Care Inpatient Hospital Services*	100% of Allowable Amount after Calendar Year Deductible per Stay*Zero Cost Sharing Plan No Charge	No coverage for Out-of-Network Services	100% of Allowed Amount
Mental Health Care Outpatient Hospital Services*	100% of Allowable Amount after Calendar Year Deductible per Visit *Zero Cost Sharing Plan No Charge	No coverage for Out-of-Network Services	100% of Allowed Amount
Substance Use Disorder Inpatient Hospital Services*	100% of Allowable Amount after Calendar Year Deductible per Stay *Zero Cost Sharing Plan No Charge	No coverage for Out-of-Network Services	100% of Allowed Amount
Substance Use Disorder Outpatient Hospital Services*	100% of Allowable Amount after Calendar Year Deductible per Visit *Zero Cost Sharing Plan No Charge	No coverage for Out-of-Network Services	100% of Allowed Amount
Annual Vision Exam for Members 21 years of age and under	100% of Allowable Amount after Calendar Year Deductible per Visit *Zero Cost Sharing Plan No Charge	No coverage for Out-of-Network Services	100% of Allowed Amount

Annual Prescription Eyewear for Members 21 years of age and under (1 set of frames and lenses or contact lenses)	100% of Allowable Amount after Calendar Year Deductible *Zero Cost Sharing Plan No Charge	No coverage for Out-of-Network Services	100% of Allowed Amount
Prenatal and Postnatal Care	100% of Allowable Amount after Calendar Year Deductible for the initial prenatal Visit *Zero Cost Sharing Plan No Charge	No coverage for Out-of-Network Services	100% of Allowed Amount
Delivery and all inpatient services	100% of Allowable Amount after Calendar Year Deductible per Delivery *Zero Cost Sharing Plan No Charge	No coverage for Out-of-Network Services	100% of Allowed Amount
The administration of a newborn screening test, including the cost of a test kit in the amount required by Health and Safety Code 33.019	100% of Allowed Amount	No coverage for Out-of-Network Services	100% of Allowed Amount
Annual Well Woman Exam – including cervical cancer and ovarian cancer screening (age 18 and over)	100% of Allowed Amount	No coverage for Out-of-Network Services	100% of Allowed Amount
Annual screening by low-dose mammography for the presence of occult breast cancer for female participants age 35 and over – Outpatient facility or imaging center and physician component. The 35 and over age restriction does not apply to diagnostic mammogram screenings. Diagnostic Mammogram means evaluation of new abnormalities or of patients with a past abnormality-requiring follow-up. Used to diagnose unusual breast changes, such as a lump, pain, nipple discharge, change in breast size or shape and diagnose previous breast cancer.	100% of Allowed Amount	No coverage for Out-of-Network Services	100% of Allowed Amount
Bone Mass measurement for the detection of low bone mass to determine risk of osteoporosis and fractures associated with osteoporosis for qualified individuals	100% of Allowed Amount	No coverage for Out-of-Network Services	100% of Allowed Amount

Routine annual prostate cancer detection exam, including a Prostate Specific Antigen test (PSA) for a male Covered Person age 40 or older.	100% of Allowed Amount	No coverage for Out-of-Network Services	100% of Allowed Amount
Rehabilitation	100% of Allowable Amount after Calendar Year Deductible per Visit <i>*Zero Cost Sharing Plan No Charge</i>	No coverage for Out-of-Network Services	100% of Allowed Amount
Durable Medical Equipment	100% of Allowable Amount after Calendar Year Deductible per Equipment <i>*Zero Cost Sharing Plan No Charge</i>	No coverage for Out-of-Network Services	100% of Allowed Amount
Hearing Aids for Adults (1 per ear every 3 years)	100% of Allowable Amount after Calendar Year Deductible per Hearing Aid <i>*Zero Cost Sharing Plan No Charge</i>	No coverage for Out-of-Network Services	100% of Allowed Amount
Hearing Aid or Cochlear Implant, related services and supplies for a covered individual, if medically necessary.	100% of Allowable Amount after Calendar Year Deductible per Hearing Aid or Cochlear Implant <i>*Zero Cost Sharing Plan No Charge</i>	No coverage for Out-of-Network Services	100% of Allowed Amount
Amino Acid-Based Formula	100% of Allowable Amount after Calendar Year Deductible <i>*Zero Cost Sharing Plan No Charge</i>	No coverage for Out-of-Network Services	100% of Allowed Amount
Phenylketonuria (PKU) management products	100% of Allowable Amount after Calendar Year Deductible <i>*Zero Cost Sharing Plan No Charge</i>	No coverage for Out-of-Network Services	100% of Allowed Amount
Children's dental check-up	100% of Allowable Amount after Calendar Year Deductible <i>*Zero Cost Sharing Plan No Charge</i>	No coverage for Out-of-Network Services	100% of Allowed Amount
Basic Dental-Children	100% of Allowable Amount after Calendar Year Deductible <i>*Zero Cost Sharing Plan No Charge</i>	No coverage for Out-of-Network Services	100% of Allowed Amount
Major Dental Care- Children	100% of Allowable Amount after Calendar Year Deductible <i>*Zero</i>	No coverage for Out-of-Network Services	100% of Allowed Amount

	<i>Cost Sharing Plan No Charge</i>		
Orthodontia-Children	100% of Allowable Amount after Calendar Year Deductible *Zero <i>Cost Sharing Plan No Charge</i>	No coverage for Out-of-Network Services	100% of Allowed Amount

*IdealCare by Sendero Health Plans (IdealCare) will provide benefits and coverage for mental health conditions and substance use disorders under the same terms and conditions applicable to the plan's medical and surgical benefits and coverage. IdealCare may not impose quantitative or non-quantitative treatment limitations on benefits for a mental health condition or substance use disorder that are generally more restrictive than quantitative or non-quantitative treatment limitations imposed on coverage of benefits for medical or surgical expenses.